

Areas of Expertise

- Paraphilias: sexual anomalies that include pedophilia, sadism-masochism, voyeurism, exhibitionism, fetishism, transvestism, and other atypical sexual practices.
- Paraphilia-Related Disorders: Internet addiction to pornography, chronic masturbation, excessive time at strip bars, sex chat lines, telephone sex and coercive sexual activities.
- Hypersexuality-promiscuity
- Developmentally delayed sexual abusers
- Sexual abuse survivors
- Erectile difficulties
- Premature ejaculation
- Delayed ejaculation
- Intimacy Difficulties
- Anxiety: Difficulty relaxing and enjoying sex
- Low interest in sex or low sexual arousal
- Feeling guilty about sex without knowing why
- Gender Identity/Rigid Sexual Roles

How long do I have to wait for an appointment?

Average wait is one to two weeks for the first appointment.

Appointments are either by referral or directly by clients.

Flexible hours including evenings and weekends.

Help is Available for you!

- Confidentiality
- Non-judgmental
- Non-Threatening
- Client Sensitivity
- Privacy

Alan Kaine, BA, MA, RSW

Clinical Sexual Therapist

255 Main Street West

Hamilton, Ontario

L8P 1J5

Phone: 905-578-4127

Toll Free: 1-866-818-6034

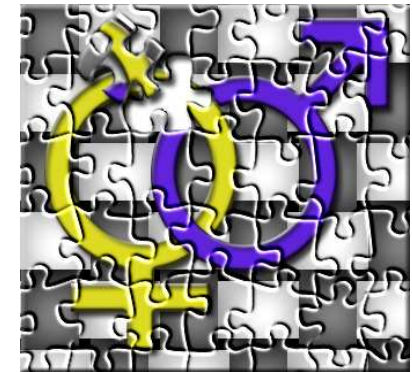
Fax: 905-560-7423

Email: alankaine@aksextherapy.com

www.aksextherapy.com

Call for rates regarding various services that include sexual therapy, psychosexual assessments, forensic assessments, consultations and workshops

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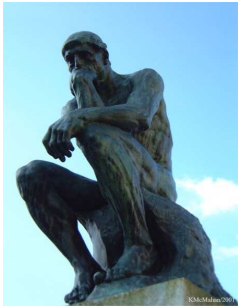
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Practice Description



As a clinical therapist in private practice for more than twenty years, Alan Kaine has been assessing and treating adolescent and adult males who have sexual disorders, sexual dysfunctions and relationship difficulties due to sexual problems. Alan Kaine has extensive training and experience in specific sexual therapy techniques and methods that are short-term, problem-focused and solution oriented.

Another area of Alan Kaine's practice is completing forensic and court assessments. He has collaborated with forensic psychologists and psychiatrists for court-ordered assessments as well as legal cases for defense lawyers. Alan Kaine has qualified as an expert court witness in the area of sexual pathology.

Assessments

- For general assessments (not court-ordered) there will be a minimum of two clinical interviews.
- For forensic or court assessments there will be a minimum of two clinical interviews and psychological and laboratory (phallometric) tests.

Clinical Therapy

- For most sexual problems, the treatment plan is to provide short-term psychotherapy.
- Long-standing trauma and/or history of sexual deviancy, therapy will likely be longer.
- Psychotherapy is based on cognitive-behavioural principles with emphasis on relapse prevention strategies.
- Individual and group therapy.

Associations

Active memberships with:

- Association of Treatment and Sexual Abusers (ATSA)
- Ontario College of Social Workers
- Ontario Association of Consultants, Psychometrists and Psychotherapists
- Canadian Association of Police Polygraphists (CAPP)

Educational Consultations

- Lectured for years at Mohawk College and McMaster University, Hamilton, Ontario.
- Various presentations and training and workshop sessions to social agencies, hospitals and correctional institutions.



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